

# St. Nicholas' Parish News

Web Edition  
Sunday 5th April 2020

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## Message from Fr. Derek

We begin Holy Week together as a parish and encourage you to place a green branch either on your door or in your window to show that Holy week has begun. It doesn't have to be palm, it can be anything. So even though we are separated by social distancing we can be connected as Christians and as parishioners as we begin this very important week together. Also, to help during holy week we have provided a prayer sheet for prayers in the home which you might find helpful. These sheets can be collected from a box outside St. Nicholas Church. Also in the box is a copy of the Easter ceremonies. You can follow these in St. John's Cathedral online or on RTE.

During the week on Facebook I'll be putting up some hints and tips of how we can all celebrate Holy Week in a better way together but in the meantime I hope you have a good week. I hope the lockdown is going well for you and I'll finish up with a short prayer by Blessed Cardinal John Henry Newman

May the Lord support us all the day long,  
until the shadows lengthen,  
and the evening comes,  
and the busy world is hushed,  
and the fever of life is over,  
and our work is done.

Then in His mercy,  
may he grant us a safe lodging and a holy rest,  
and peace at the last.



My Jesus,  
I believe that You are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.

Amen.

**For a complete list of online Masses please see <https://www.limerickdiocese.org/news/masses> -available-online-and-on-the-radio-in-the-diocese-of-limerick/**

### ALSO

- [www.redemptoristlimerick.ie/webcam](http://www.redemptoristlimerick.ie/webcam)
- RTÉ will air Mass every weekday at 10.30am on RTÉ News Now.
- RTÉ News Now can be accessed on Saorview (channel 21), Sky (521), Virgin Media (200), Eir (517) as well as via the RTÉ Player, the RTÉ News Now app and via [RTÉ.ie/news](http://RTÉ.ie/news)

## Useful Contacts/Numbers

- ◆ For all news and updates from Limerick Dioceses—<https://www.limerickdiocese.org/>
- ◆ COVID-19 Support Line for Older People—ALONE has launched a national support line. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.
- ◆ Community Call—For those wanting to help or needing help— Limerick City and County Council Tel 1800 852 389 E-mail [covidsupport@limerick.ie](mailto:covidsupport@limerick.ie)
- ◆ Garveys Supervalu, Corbally—Now take orders for shopping deliveries strictly for Over 70s.  
Tel: 083 120 3890 (8:00am-3:00pm)  
Email: [supervalucorballydeliveries@gmail.com](mailto:supervalucorballydeliveries@gmail.com)



**PARISH NEWSLETTER** Items for the newsletter can be given to Maura 086 0429952 or Grace 086 8296193  
E-mail: [Stnicholasnewsletter@gmail.com](mailto:Stnicholasnewsletter@gmail.com)



### Remembering those who are Sick

Let us continue to pray for those who are ill at this time, those preparing for and awaiting results of tests, those in hospital. Continue to pray for Maurice, Ailish R, Pat, Annette, Aidan, Gabriel, Jim, Kathleen, Garrett, Helen, Philip, Tony, John, Brian, Muirinn, Ken, Orla, Ciara, Paddy, Michael, Vera, Ailish, Frank, Ger, Bernadette, Fiona, Niamh, Jesse, Eoin, Mary, Young Michael, William, Méabh, Anna and Amy.

Lord Jesus, you are the true friend of all those who suffer anguish and pain in spirit, mind or body. Please share with them now the gift of your consoling love.

If you know of anybody needing prayers etc, please let Maura/Grace know by E-mail: [stnicholasnewsletter@gmail.com](mailto:stnicholasnewsletter@gmail.com) or Tel. Maura 086 0429952 / Grace 086 8296193

Some ideas and websites that might be useful in supporting you to continue, and enhance your child's faith formation during this time

Attend mass with your children by **Livestreaming Mass** at <https://www.limerickdiocese.org/news/masses-available-online-and-on-the-radio-in-the-diocese-of-limerick/>

Use the **Gospel colouring & worksheets** to help your children understand the messages of the Gospel <http://catholicmom.com/kids/catholic-gospel-coloring-worksheets-sunday-mass/>

Use the questions on the **Family Fun and Faith-Talk** page to spark fun and creative family conversations Each question has a faith tip related to the general theme and a prayer that families can pray together <https://www.loyolapress.com/our-catholic-faith/family/family-faith-and-fun/family-mealtime/family-fun>



### FAMILY RESOURCES



### Coronavirus: Your support is saving lives

They say people are at their best during a crisis. Today the world faces an unimaginable crisis, but never before has the decency of people been so clear.

There is barely a corner of the world not affected by the Coronavirus crisis. People in Ireland are suffering greatly. We are being denied the touch of loved ones. So many have lost their jobs.

But people are rallying together to support each other in whatever way they can.

The people Trócaire works with in the developing world are particularly at risk from this virus. Many of them have no access to clean water to wash their hands with. Many more live in crowded slums or camps where a virus can cause devastation. They are defenceless against contracting the virus. If they do contract it, the medical care to treat them simply isn't there.

Think about how this crisis has stretched European countries, including Ireland, to its limits. Now think about this:

Malawi has one intensive care (ICU) bed for every one million people

Sierra Leone has no ICU beds

South Sudan has two ventilators for 12 million people

These figures bring home just how bad this crisis could get in the world's poorest countries.

The Coronavirus has been confirmed in 17 countries where Trócaire works. We have never faced a crisis across so many of the communities we support. The Coronavirus knows no borders but neither does the love and compassion of people all over Ireland.

With your support, we are making a difference. We have already launched programmes to help keep people safe from this virus. Our teams are on the ground getting vital messages to communities on how to protect themselves. In the weeks and months ahead, we will be keeping people safe and supporting those who fall ill.

Your support will make this happen.

As we approach the end of Lent, people would usually start returning their Trócaire boxes through their schools of parishes. This year, this won't be possible, at least not yet. If you have a Trócaire box, please hold onto it until such a time as it is safe and possible to return it.

But this crisis needs a response today. We know lots of people in Ireland are suffering. We know not everyone can donate at this time.

But if you can, we really need your help today.

Please consider making a donation online at [www.trocaire.org](http://www.trocaire.org) or phoning 1850 408 408

This crisis affects us all. But together we will defeat it.

Caoimhe De Barra, Trocaire

*And people stayed home  
and read books and listened  
and rested and exercised  
and made art and played  
and learned new ways of  
being  
and stopped  
and listened deeper  
someone meditated  
someone prayed  
someone danced  
someone met their shadow  
and people began to think  
differently  
and people healed  
and in the absence of people  
who lived in ignorant ways,  
dangerous, meaningless and  
heartless,  
even the earth began to heal  
and when the danger ended  
and people found each other  
grieved for the dead people  
and they made new choices  
and dreamed of new visions  
and created new ways of  
life  
and healed the earth completely  
just as they were healed  
themselves.*

Kitty O'Meara